



OKLAHOMA CITY

Farmers' Market

Availability of Oklahoma Grown Produce

Note: This chart indicates the typical season for items growing in Oklahoma during normal weather conditions.

	Dates are APPROXIMATE											
	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Apple												
Asparagus												
Beef												
Beets												
Blackberries												
Blackeye Peas												
Blueberries												
Broccoli												
Cabbage												
Cantaloupe												
Carrots												
Cauliflower												
Cheese												
Cucumbers												
Cut Flowers												
Eggplant												
Eggs												
Fresh Baked Goods												
Fryer Chicken												
Garlic												
Green Beans												
Greens												
Herbs												
Honey												
Lamb												
Lettuce												
Okra												
Onions												
Orchids												
Peaches												
Peanuts												
Pears												
Peas (English, Snap & Snow)												
Pecans												
Peppers												
Bedding Plants												
Potatoes												
Pumpkins												
Radishes												
Rhubarb												
Soaps and lotions												
Spinach												
Squash- Summer												
Squash - Winter												
Strawberries												
Sweet Corn												
Sweet Potatoes												
Tomatoes												
Turnips												
Watermelon												