

## Edmond & Central Oklahoma Resource Guide

### Food Assistance/Meals:

**Breakfast on Boulevard** serves free hot breakfast and sack lunches Monday through Friday, 6:30 a.m. to 7:15 a.m. No reservations needed. First Christian Church – 201 E. 2<sup>nd</sup> St (2<sup>nd</sup> and Boulevard). Entry is off Boulevard in Edmond between First and Second streets. 341-3544.

**Cooks Night Out** provides a free dinner each Friday of the month from 5:00 to 6:30 p.m. No reservations needed. Meals may be eaten at the church or taken with you. Monthly schedule:

1<sup>st</sup> Friday – Holy Trinity Lutheran Church: 308 NW 164<sup>th</sup> St. 348-3292

2<sup>nd</sup> Friday – First Presbyterian Church: 1001 S. Rankin St. 341-3602

3<sup>rd</sup> Friday – First Methodist Church: 305 E. Hurd St. 341-0107

4<sup>th</sup> Friday – St. John's Catholic Church: 9<sup>th</sup> and Boulevard 340-0691

**Edmond Mobile Meals** provides hot, nourishing meals to elderly and disabled persons. Delivery service area: May Ave to Sooner Rd, Sorghum Mill to 122<sup>nd</sup> St. [www.edmondmobilemeals.org](http://www.edmondmobilemeals.org) or 341-3111.

**Edmond Senior Center** has activities for seniors (55+) and a meal Mon – Fri at 11:30 a.m. Reservations are required by 11:00 the day before the lunch. A donation of \$3 is suggested. Location: 2733 Marilyn Williams Dr. (Mitch Park, E. of Santa Fe off Covell). Register: 216-7900.

**First United Methodist Church & Skyline Urban Ministry** serves hot meals, gives out protein bags, hygiene kits, and clothing on Tuesdays from 12:00pm – 1:00pm. 305 E. Hurd in Edmond. 341-0107.

**Food Stamps** may be applied for through the Department of Human Services. 2409 N. Kelly, Oklahoma City. 522-5818.

**HOPE Center of Edmond** provides food, clothing, household items and financial assistance for rent, prescriptions and utilities. Zip code service area: **73003, 73007, 73012, 73013, 73025** and **73034**. Assistance is based upon need/income. Open Mon – Thurs 8:30-4, and Fri 8:30-noon. 1251 N. Broadway (Broadway and Danforth in Edmond). [www.hopecenterofedmond.com](http://www.hopecenterofedmond.com) or 348-1340.

**Project 66** provides free food once per month to needy residents of Edmond, Arcadia and Jones. Open Monday 10-12, 6-8p.m. and Thursday 10-12, 6-8 p.m. 2612 S. Kelly Avenue in Edmond. Please bring a current utility bill for proof of residency and photo ID. [www.project66.org](http://www.project66.org) or 341-1353.

**Samaritan House** provides assistance to those who need financial assistance with rent, utilities and prescriptions to those that live within our Parish area, most of Edmond, Arcadia. We also have a food pantry to help serve those who find themselves in need within our area. We are open Monday – Friday, 9:00 am – 12:00 pm at 42 E. 9<sup>th</sup> Street. 216-7554.

**Southern Hills Christian Church** provides free breakfast and sack lunch every Saturday from 7:30am – 8:15am. 3207 S. Boulevard. 341-0766.

**Time Out** provides time off for caregivers and has programs for seniors, including games, snacks and entertainment each Wednesday 10-1 at St. John's Catholic Church. Lunch is provided (suggested donation \$3). Call 340-0691 x118 for more information.

**UCO Central Pantry** is available for UCO students and staff with a valid UCO ID. Located in the Nigh University Center, room 203. Open Monday – Friday, 9-4. 974-2621.

### Utility Assistance:

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**Samaritan House** provides direct assistance to the homeless, hungry, jobless and other persons in need with a food pantry and other areas of outreach. Zip code service area: **73013, 73034, 73114, 73131** and **73151**. Open Monday – Friday 9-noon. Located adjacent to St. John's Catholic Church 9<sup>th</sup> and Littler, Edmond. 216-7554.

**Shepherds of Love** is a ministry for immediate emergency assistance with utility bills, and help finding food, shelter, clothing and medical care. [www.shepherdsoflove.org](http://www.shepherdsoflove.org) or 348-5195.

**St. Monica Catholic Church/St. Vincent de Paul Ministry** is a ministry of charity offering person-to-person assistance to those who are needy and suffering. 2001 N. Western, Edmond. Zip code service area: **73003, 73012**. [www.saintmonicaparish.com/st-vincent-de-paul](http://www.saintmonicaparish.com/st-vincent-de-paul) Call/leave a message to receive assistance: 341-8128.

## Clothing:

**All Things Baby** provides maternity clothes as well as clothing, diapers, beds and bedding for infants and children through size 8. Clients may visit two times per year. Open Tuesday 10-3 only. 405 W. Second St. (1 blk north of Edmond Rd, Walnut and 2<sup>nd</sup>). [www.allthingsbabyok.com](http://www.allthingsbabyok.com)

**EARC (Employment and Residential Centers)** is a resale shop with reduced-price clothing and home furnishings. All proceeds go into our programs that serve Adults with Developmental Disabilities. Open Monday-Thursday 9-5, Friday-Saturday 9-7, 92 East 15<sup>th</sup> Street. Open Monday-Friday 9-5, 100 East Third. [www.earcinc.org](http://www.earcinc.org)

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**Hopefully Yours Thrift Store** is a resale shop with reduced-price clothing and home furnishings. Open Tuesday – Saturday 10-5. 908 N. Broadway. [www.hopecenterofedmond.com](http://www.hopecenterofedmond.com) or 341-6849.

**Shepherds of Love** is a ministry for immediate emergency assistance with utility bills, and help finding food, shelter, clothing and medical care. [www.shepherdsoflove.org](http://www.shepherdsoflove.org) or 348-5195.

**UR Special** provides new, one-of-a-kind outfits for need and at-risk children ages 3-9 years. Distribution dates are in the summer (back to school), winter and spring. Proof of current address and income is required for services. [www.urspecialedmond.org](http://www.urspecialedmond.org) or 340-2799.

## Rent/Housing Assistance:

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**Metro Fair Housing Council of OKC** has trained staff who will investigate housing discrimination complaints with special emphasis on apartment complexes. Provides fair housing

enforcement resources to alleged victims of housing discrimination and respond to complaints of unfair treatment from housing industry. [www.metrofairhousing.org](http://www.metrofairhousing.org) or 232-3247.

**Oklahoma Housing Finance Agency (OHFA)** provides assistance to help families pay rent or purchase their first home. OHFA offers Section 8 Housing Choice Vouchers to help those receiving Section 8 to help with mortgage payments. There is also a program to help very low-income, elderly and disabled to rent healthy, safe housing in the private market. [www.ohfa.org](http://www.ohfa.org) or 848-1144.

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**St. Monica Catholic Church/St. Vincent de Paul Ministry** is a ministry of charity offering person-to-person assistance to those who are needy and suffering. 2001 N. Western, Edmond. Zip code service area: **73003, 73012**. [www.saintmonicaparish.com/st-vincent-de-paul](http://www.saintmonicaparish.com/st-vincent-de-paul) Call/leave a message to receive assistance: 341-8128.

**Turning Point Ministries** is a non-profit ministry that assists in the housing needs of those in Edmond. Those wishing to qualify for a home must show reason to live in Edmond, fulfill home buyer education, budget planning and complete sweat equity hours. Applications available online: [www.turningpointoklahoma.org](http://www.turningpointoklahoma.org) or 206-6764.

**UCO Commuter Student Services** has housing information for students living off campus. [www.ucooffcampus.com](http://www.ucooffcampus.com) or 877-895-1234.

## Furniture:

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**EARC (Employment and Residential Centers)** is a resale shop with reduced-price clothing and home furnishings. All proceeds go into our programs that serve Adults with Developmental Disabilities. Open Monday-Thursday 9-5, Friday-Saturday 9-7, 92 East 15<sup>th</sup> Street. Open Monday-Friday 9-5, 100 East Third. [www.earcinc.org](http://www.earcinc.org)

**Fostering Sweet Dreams** a non profit that provides tangible needs such as beds, car seats, high chairs and strollers to Kinship foster-care placements along with unexpected traditional foster-care placements. [www.fosteringsweetdreams.com](http://www.fosteringsweetdreams.com) or 697-4744

**Hope Chest Ministries** helps families start over by supplying home essentials such as furniture and household items. Referral program, applications are required for services. [www.hopechestokc.org](http://www.hopechestokc.org) or 204-9108.

**Hopefully Yours Thrift Store** is a resale shop with reduced-price clothing and home furnishings. Open Tuesday – Saturday 10-5. 908 N. Broadway. [www.hopecenterofedmond.com](http://www.hopecenterofedmond.com) or 341-6849.

## Health Clinics & Counseling:

**Consumer Credit Counseling** provides free credit counseling services to help people learn to manage money, balance budgets and get out of debt. [www.ccsok.org](http://www.ccsok.org) or 789-2227 or email: [information@ccsok.org](mailto:information@ccsok.org)

**Crossings Community Clinic** the Clinic services includes medical, dental, vision, and behavioral health care provided through the support of licensed professionals and other dedicated volunteers. The hours of service are determined by the availability of our volunteer healthcare professionals, but generally the clinic is open to patients Monday-Friday, 9-5. Other days and times are offered as providers are available. All patient visits are scheduled by appointment only. 10255 N. Pennsylvania Avenue, Oklahoma City. <https://crossings.church/clinic/> or (405) 749-0800.

**Edmond Family Counseling** provides quality professional counseling services for eligible adults, couples, families and children (ages 7-17) on a sliding scale basis. Patients are seen by appointment only, Monday – Thursday 9-8, Friday 9-noon. 1251 N. Broadway, Suite C. [www.edmondfamilycounseling.org](http://www.edmondfamilycounseling.org) or 341-3554.

**Equibalance Counseling** is a nationally accredited facility providing therapeutic mental health services to improve quality of life. 929 NW 164<sup>th</sup>, Edmond. 285-2141.

**Good Samaritan Health Clinic of Edmond** continues the healing ministry of Jesus for those within the Edmond community without health insurance. Call answering service for appointment: 513-4357. Patients are seen Saturday 9-noon at Mercy Clinic, Memorial. 1919 E. Memorial Rd (Eastern and Memorial Rd). [www.goodsamaritanofedmond.com](http://www.goodsamaritanofedmond.com)

**Heartline 24-Hour Crisis Helpline** is a 24/7 call center with certified call specialists to help Oklahomans in crisis. <http://heartlineoklahoma.org> or 273-TALK or 848-2273.

**Hearts of Hope** is a comprehensive behavioral health service provider. Services are provided through SoonerCare at no cost to the consumer or by private pay on a sliding scale. 400 S. Broadway, Suite 2. [www.heartsophopellc.com](http://www.heartsophopellc.com) or 318-6593.

**HOPE Center WIC Clinic** provides prenatal care to expectant mothers and nutritional assistance to newborns through age 5. Open Monday and Thursday 8:30-4, Tuesday 8:30-5 and Wednesday 8:30-3 (Closed Friday). 1251 N. Broadway (Broadway and Danforth in Edmond). [www.hopecenterofedmond.com](http://www.hopecenterofedmond.com) Call for appointment: 348-4680.

**Ministries of Jesus (MOJ)** serves people who have no medical insurance and are in need of medical care, counseling, social services, and/or recovery services. The free medical, dental, and vision clinic is by appointment only, Monday – Thursday 9-4 and Friday 9-noon., (MOJ is an outreach Ministry of Henderson Hills Baptist Church located at 1100 E. I-35 Frontage Rd). For more information please visit: [www.moj.com](http://www.moj.com) or call 340-7400.

**Shepherds of Love** is a ministry for immediate emergency assistance with utility bills, and help finding food, shelter, clothing and medical care. [www.shepherdsoflove.org](http://www.shepherdsoflove.org) or 348-5195.

**Oklahoma Help Line** provides information and referral to community services for those who need help and those who provide help. Rental assistance, food pantries, affordable housing, health resources, child care, after school programs, caregiver support, financial programs, literacy and job programs. [www.211oklahoma.org](http://www.211oklahoma.org) or dial 211.

**Addiction Resource** provides free resources to help people better understand their addiction and motivate them to make the first step in seeking support. (<https://addictionresource.com/drug-rehab/oklahoma/>) or dial (888) 429-5845

### Miscellaneous:

**BeEdmond** is a community outreach service connecting teens and young adults to support close to home. With resources to help teens be safe, be connected, be healthy, be smart and be helpful. [www.beedmond.com](http://www.beedmond.com)

**Coffee Creek Riding Center** provides free therapeutic riding to children ages 3 to 12 with a wide range of disabilities. Riding at Coffee Creek offers mental, physical, emotional and social benefits. The center serves students in the greater Oklahoma City metro area and beyond. [www.coffeecreek.org](http://www.coffeecreek.org) or 340-8377.

**Edmond Library** – is a free community resource for information and research assistance. It provides free public computers and internet access, free books, movies, music and digital resources for use in the building or to check out with a library card as well as free entertaining and educational classes, workshops and events. 10 S. Boulevard. 9am – 9pm (Monday – Thursday), 9am – 6pm (Friday), 9am – 5pm (Saturday), 1pm – 6pm (Sunday). 341-9282.

**Mobility Living** provides residents with wheelchairs, medical supplies and equipment, lift chairs, vehicle lifts, scooters, handicap ramps and more. Accepts most insurance companies. Free delivery in OKC metro. [www.mobilityliving.org](http://www.mobilityliving.org) or 672-7237.

**OKC Animal Welfare Pet Food Bank** will provide temporary help with pet food. A free spay/neuter clinic is also available. 316-3663 or email [petfoodbank@okc.gov](mailto:petfoodbank@okc.gov)

**OK Job Match** provides a list of current openings and attempts to match job seekers with those hiring. Also provides links to unemployment and job fairs. [www.okjobmatch.com](http://www.okjobmatch.com)

**Oklahoma Tobacco Help Line** is a free 24/7 service for all Oklahomans with a desire to stop smoking or using tobacco products. [www.okhelpline.com](http://www.okhelpline.com) or 1-800-QUIT-NOW.

**Parents Helping Parents** a local support group for parents who have children suffering from addiction. 3416 South Boulevard, (405) 642-8198. [www.parentshelpingparents.info/Edmond](http://www.parentshelpingparents.info/Edmond).

**Pet Food Pantry of OKC** provides pet food and services to pets of low-income senior citizens, veterans, or homeless individuals. Also offers low-cost spay/neuter clinic and vaccinations. Applications required for services. [www.petfoodpantryokc.org](http://www.petfoodpantryokc.org) or 664-2858.

**Prescription Discount Information** provides discounts for prescriptions at many pharmacies when prescription is not covered by insurance. Cards may be obtained through Edmond Mobile Meals, the Edmond Senior Center or the City of Edmond. [www.caremark.com](http://www.caremark.com) or 877-321-2652.

**Simply Hired** allows searches for job opportunities across the United States on Simply Hired. Browse by job category, city, state, employer and more. [www.simplyhired.com](http://www.simplyhired.com)

**TEEM** helps to break cycles of incarceration and poverty in Oklahoma by providing individuals with education, social services, and job training and placement. [www.teem.org](http://www.teem.org) or 235-5671.

## Senior Activities:

**Daily Living Center** provides an adult day and health care program for seniors 60+ with special needs in a socially and physically active environment. 3413 Wynn Drive, Edmond. [www.dailylivingcenters.org](http://www.dailylivingcenters.org) or 471-6867.

**Edmond Senior Center** is a recreation facility for senior adults, offering a wide range of adult-education programs, fitness classes, day trip opportunities, special events and activities. 2733 Marilyn Williams Dr. (on Covell, east of Santa Fe) 216-7600.

**Survival Kit for Seniors** is a book of information for seniors in Central Oklahoma including information on transportation services, support groups, nutrition programs, counseling services, home health care, long-term care, medical clinics, housing and home repair information, Hospice and non-medical information. [www.areawideaging.org](http://www.areawideaging.org) or 942-8500.

**Time Out** provides time off for caregivers and has programs for seniors, including games, snacks and entertainment each Wednesday 10-1 at St. John's Catholic Church. Lunch is provided (suggested donation \$3). Call 340-0691 x118 for more information.

### Senior Housing:

<b>Autumn Leaves of Edmond</b>	1001 S. Bryant Ave.	241-1450
<b>Bradford Village</b>	906 N. Boulevard	341-0810
<b>Bryant Grove</b>	20 S. Bryant	341-2161
<b>Carriage Inn</b>	1300 E. Ayers	341-3200
<b>Creekside Village</b>	25 Creek View Dr.	715-9007
<b>Lyndale Edmond (formerly known as Copper Lake Retirement Village)</b>	1225 Lakeshore Dr. (15 <sup>th</sup> & Kelly)	340-5311
<b>Mon Abri Edmond</b>	2500 N. Broadway	850-1546
<b>Oklahoma Christian Apartments</b>	325 Enz Dr.	340-0311 (Section 8)
<b>Oklahoma Disciples Apartments</b>	400 N. Fretz	340-3735 (Section 8)
<b>Rosewood Manor</b>	800 S. Kelly	348-4065
<b>Tealridge Retirement</b>	2200 NE 140 <sup>th</sup> St.	604-5433
<b>The Veraden</b>	2709 E. Danforth Rd.	359-1230

[www.bestseniorcareonline.com](http://www.bestseniorcareonline.com)

[www.seniortransitionsokc.com](http://www.seniortransitionsokc.com)

[www.ourparents.com](http://www.ourparents.com)

[www.aplaceformom.com](http://www.aplaceformom.com)

### Transportation:

**Citylink** provides free public transportation within Edmond or between Edmond and Oklahoma City on wheelchair and bicycle-friendly buses. [www.citylinkedmond.com](http://www.citylinkedmond.com) or 509-6370.

- **CAPS/Disability** is Citylink's curb-to-curb transportation. Available to doctor's appointments with a completed application and doctor's letter. Mon – Sat 8-5, within ¾ mile of regular Citylink route. Call to arrange pick-up 509-6370.

**Provide-A-Ride/RSVP** provides free transportation to medical appointments for low-to-moderate income seniors in Oklahoma County. [www.rsvpokc.org](http://www.rsvpokc.org) or 605-3110.

### Other Central Oklahoma Assistance (Outside Edmond):

**Bethel Foundation** provides a food pantry and clothing closet Monday – Thursday 10-3. 13003 N. Western, Oklahoma City. [www.bethelfoundationusa.com](http://www.bethelfoundationusa.com) or 286-3700.

**Central Oklahoma Community Action Agency** helps low-income individuals in crisis situations with rides, prescription assistance, housing, utility assistance and senior programs in the following counties: Cleveland, Lincoln, Logan, Payne, Pottawatomie and Seminole. [www.cocaa.org](http://www.cocaa.org) or 275-6060.

**City Care OKC** provides food and shelter for the homeless as well as supportive housing for low-income families and homeless individuals. Pershing Center Housing: 2400 General Pershing Blvd, Oklahoma City, 609-2400 or Day Shelter: 1729 NW 3<sup>rd</sup> St. Oklahoma City, 415-8500. [www.citycareokc.org](http://www.citycareokc.org)

**City Rescue Mission** provides shelter, food, and clothing to the homeless and near-homeless. 800 West California Ave, Oklahoma City. [city@cityrescue.org](mailto:city@cityrescue.org) or 232-2709

**God's Food Bank** provides emergency food resources to Logan county residents. 401 W. Vilas, Guthrie. Open 10-3:30 Wednesday and 12-5:30 Thursday. [www.godsfoodbank.org](http://www.godsfoodbank.org) or 260-1412.

**Hands of Jesus** has a food pantry and will help with prescriptions. Logan county residents only. Open Monday 4-6 p.m. and Wednesday 2-4 p.m. 2403 W. Noble, Guthrie. 260-3440.

**Holy Family Home** transitional housing for women and women with children. 6821 Eddie Drive, Midwest City. 741-7419

**Homeless Alliance (Westtown)** provides a day shelter and resource center to homeless and near-homeless. The day shelter has a library, showers, commercial kitchen serving breakfast and lunch, 12 computer stations, barbershop/salon, & classroom space for AA & NA classes, devotionals, art classes and other educational opportunities. 1729 NW 3<sup>rd</sup>, Oklahoma City. 415-8410

**Infant Crisis Services** provides formula, food and diapers for infants and toddlers birth to age 4. Clothing and car seats (recommend \$10 donation) are also available. Services by appointment only. 4224 N. Lincoln Blvd. Oklahoma City. [www.infantcrisis.org](http://www.infantcrisis.org) or 528-3663.

**Latino Community Development Agency** 420 SW 10<sup>th</sup> Street, Oklahoma City. 236-0701

**Oklahoma Dept of Mental Health and Substance Abuse Services**

[www.ok.gov/odmhsas/mental\\_health](http://www.ok.gov/odmhsas/mental_health) or 522-3908 or 800-522-9054

**Peaceful Family Solutions** provides healing and prevention services for families. 7405 S. Douglas Avenue, Oklahoma City. [Peacefulfamilysolutions.org](http://Peacefulfamilysolutions.org) or 601-2691

**Salvation Army** has 2 emergency shelters, 5 senior centers, a food pantry and food kitchen and also assists with utility payments (Oklahoma County residents). Location: 1001 N. Pennsylvania, Oklahoma City. For food services or to schedule an appointment for utility assistance: 246-1060. For required verification paperwork: [www.salvationarmyokcac.org/fans](http://www.salvationarmyokcac.org/fans)

**Sanctuary Women's Homeless Day Center** offering homeless and low-income women resources, support, and advocacy 2133 SW 11<sup>th</sup>, Oklahoma City. 526-2321. Monday – Friday 8:30am to 4pm

**Skyline Urban Ministry** has a food pantry, eye clinic, clothing closet and a free lunch (weekdays, 55+ only). 500 SE 15<sup>th</sup> St. Oklahoma City. 632-2644.

**The Spero Project** helps meet needs through their food pantry and clothing center. Local families and individuals are welcomed once a month for food and clothing. Valid photo ID, proof of residency and social security cards for all in household are required for services. (Project of LifeChurch.tv) 906 NW 6<sup>th</sup> Street, Oklahoma City. [www.thesperoproject.com](http://www.thesperoproject.com) or 312-6705.

➤ **Refugee Resources & Assistance** is offered through [www.thecommonokc.com](http://www.thecommonokc.com)

**Upward Transitions** serves those who are homeless and impoverished by providing case management and stabilizing resources to meet basic social needs. Help with utility and rent is available, it is recommended clients call ahead. 1134 W. Main St. Oklahoma City. [www.upwardtransitions.org](http://www.upwardtransitions.org) or 232-5507.

**Urban Mission** provides food, prescription help, furniture and household items to families in the OKC metro area. Food pantry hours: Monday – Thursday, 1-4. 3737 N. Portland, Oklahoma City. [www.urbanmissionokc.org](http://www.urbanmissionokc.org) or 946-1556.

**Valir Pace** is geared at keeping low income seniors in their homes safely with a mission to prevent people from having to move to nursing homes prematurely due to lack of medical and social support. There is no cost to the participant, as we are funded through Medicare/Medicaid. 700 NW 7<sup>th</sup> Street, Oklahoma City. [Valir.com](http://Valir.com) or 609-3688

**Veteran's Affairs Medical Center** 921 NE 13<sup>th</sup> Street Oklahoma City.  
www.klahoma.va.gov or 456-5183.

**Veterans Crisis Line** provides confidential help for Veterans and families. 800-273-8255

**Updated 4/12/19**